A Plan for Developing Better Treatments for Kidney Disease

Time for Change

Living with kidney failure and dialysis is hard for patients and caregivers.

Patients often feel sick.

Dialysis limits their lifestyles.

They just don’t feel like they’re living normal lives.

Patients deserve better options.

A Better Quality of Life for Patients

The Kidney Health Initiative (KHI) and the kidney medical and research community have developed a plan to help create better treatments: Technology Roadmap for Innovative Approaches to Renal Replacement Therapy.

The goal of all the activities in the roadmap is to change the lives of those living with kidney disease and give them a better tomorrow. And this is what better will look like:

- A more normal day-to-day life
- Ability to be more physically active
- Freedom to work and travel
- More treatment options
- Greater freedom to eat and drink what you want
- Fewer pills to take
- Fewer side effects like cramping, nausea, dizziness, and infections
- Less time spent in the hospital or having procedures
- Lower costs for things like prescriptions and medical supplies
A Patient-First Plan for Better Care
What makes this plan different and exciting is that it has been focused on patients from the beginning. Patients told the plan team exactly what they want new treatments to do, and the plan outlines how to improve current options and technologies to give patients a better quality of life.

Learn More & Get Involved
As we move toward a better future, we want you to be involved – here's how:

- **Share this brochure** with other patients or families
- **Check out the RRT Roadmap**
  https://khi.asn-online.org/rrtroadmap
- **Connect with KHI** Through KHI, you can share your story, give feedback to groups creating new products, volunteer, and more
  http://kidneyhealthinitiative.org
  Email: khi@asn-online.org
  Phone: 202-640-4660
- **Learn about the KidneyX competition**, which offers prize money to individuals with exciting ideas to develop new products and treatments for kidney patients
  https://www.kidneyx.org/whatwe/(patientengagement
  Phone: 202-640-4660

- **Get more involved with your own treatment** by learning more about kidney failure and dialysis:
  - American Association of Kidney Patients
    https://aakp.org/
  - American Kidney Fund
    https://www.kidneyfund.org/
  - Dialysis Patient Citizens
    https://www.dialysispatients.org/
  - ESRD National Coordinating Center
    https://www.esrdncc.org/
  - Home Dialyzors United
    https://homodialyzorsunited.org/
  - Medical Education Institute
    https://meiresearch.org/
  - National Institutes of Health
    https://www.niddk.nih.gov/health-information/kidney-disease
  - National Kidney Foundation
    https://www.kidney.org/
  - Veterans Health Administration
    https://www.va.gov/health/services/renal/learn.asp