

# A Plan for Developing **Better Treatments for Kidney Disease**

## Time for Change



Patients deserve better options.

## A Better Quality of Life for Patients



The Kidney Health Initiative (KHI) and the kidney medical and research community have developed **a plan to help create better treatments: *Technology Roadmap for Innovative Approaches to Renal Replacement Therapy***.

The goal of all the activities in the roadmap is to change the lives of those living with kidney disease and give them a better tomorrow. **And this is what better will look like:**



**A more normal day-to-day life**



**Fewer pills to take**



**Ability to be more physically active**



**Fewer side effects like cramping, nausea, dizziness, and infections**



**Freedom to work and travel**



**Less time spent in the hospital or having procedures**



**More treatment options**



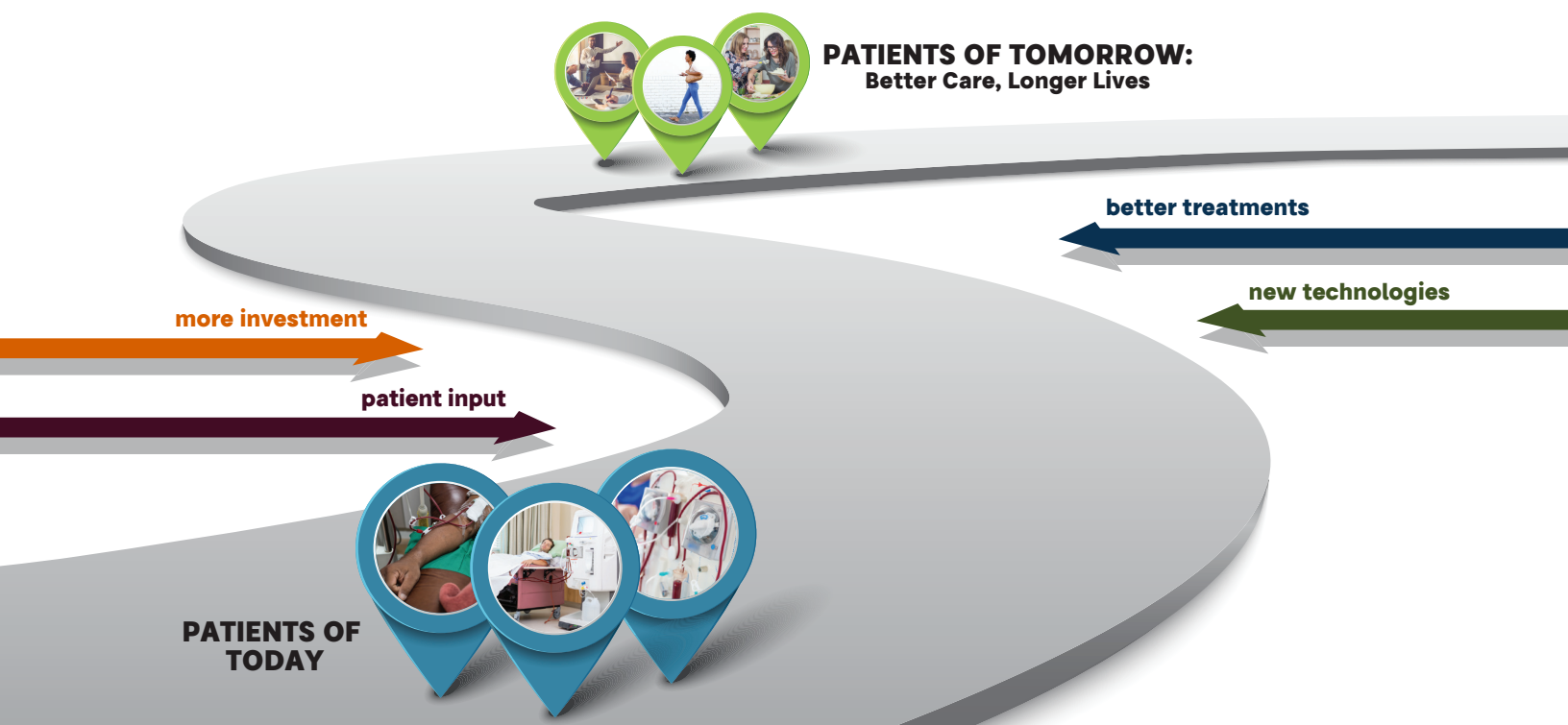
**Greater freedom to eat and drink what you want**



**Lower costs for things like prescriptions and medical supplies**

# A Patient-First Plan for Better Care

What makes this plan different and exciting is that it has been **focused on patients** from the beginning. Patients told the plan team exactly what they want new treatments to do, and the plan outlines how to improve current options and technologies to **give patients a better quality of life**.



## Learn More & Get Involved

As we move toward a better future, we want you to be involved – here's how:

- ✓ **Share this brochure** with other patients or families
- ✓ **Check out the RRT Roadmap**  
<https://khi.asn-online.org/rrtroadmap>
- ✓ **Connect with KHI** Through KHI, you can share your story, give feedback to groups creating new products, volunteer, and more  
<http://kidneyhealthinitiative.org>  
Email: [khi@asn-online.org](mailto:khi@asn-online.org)  
Phone: 202-640-4660
- ✓ **Learn about the KidneyX competition**, which offers prize money to individuals with exciting ideas to develop new products and treatments for kidney patients  
<https://www.kidneyx.org/whatwedo/patientengagement>  
Phone: 202-640-4660
- ✓ **Get more involved with your own treatment** by learning more about kidney failure and dialysis:
  - American Association of Kidney Patients  
<https://aakp.org/>
  - American Kidney Fund  
<https://www.kidneyfund.org/>
  - Dialysis Patient Citizens  
<https://www.dialysispatients.org/>
  - ESRD National Coordinating Center  
<https://www.esrdncc.org/>
  - Home Dialyzors United  
<https://homedialyzorsunited.org/>
  - Medical Education Institute  
<https://meiresearch.org/>
  - National Institutes of Health  
<https://www.niddk.nih.gov/health-information/kidney-disease>
  - National Kidney Foundation  
<https://www.kidney.org/>
  - Veterans Health Administration  
<https://www.va.gov/health/services/renal/learn.asp>